

BAY RIDGE 7417 3rd Ave 718.680.6900 **STATEN ISLAND** 4115 Hylan Blvd 718.948.6600

NATURE'S GRILL GRASS-FED GUARANTEE:

ORGANIC ALL NATURAL GMO FREE

NaturesGrillCafe.com



(Half Tray Feeds 5-6 · Full Feeds 10-12) HALF FULL

Caesar Salad \$45..... \$65 Romaine lettuce, grape tomato, turkey bacon, parmesean, cucumber & caesar dressing

Spring Mix Salad \$45..... \$65 Mesculin greens, grape tomatoes, onions, carrots, cucumbers with choice of dressing

ë Greek Salad..... \$60..... \$80 Romaine lettuce, red vine ripened tomatoes, onions, cucumbers, olives, feta, green peppers topped with house vinaigrette

ë Guadalajara Salad...... \$60..... \$85 Mixed baby greens, walnuts, cranberries, almonds, tomato, avocado and green apples with caribbean mango dressing

Pasta Salad......\$70....\$90 Olives, mozzarella, grape tomatoes, shaved carrots & chickpeas tossed with balsamic vinaigrette

🔴 Veggie Platter...... \$45 Assorted fresh cut vegetables (includes broccoli, celery, grape tomatoes & bell peppers. Served with hummus or ranch.

add chicken: +\$4 per person add steak: +\$5 per person add shrimp, salmon or tuna: +\$6 per person

APPETIZERS

(Half Tray Feeds 5-6 · Full Feeds 10-12)

HALF FULL

Dip Trio......\$70 Platter includes tzatziki, hummus, guacamole served with pita chips

Guacamole & Blue Chips... \$45.... \$65

Made fresh with avocado. tomato. cilantro & onion

ENTREES

(Half Tray Feeds 5-6 · Full Feeds 10-12)

HALF FULL

Taste of China \$90.... \$160 Oriental-style chicken, steak & broccoli marinated in low sodium teriyaki and Santa Fe Sauce. Stir-fried, served over white rice and topped with sesame seeds

El Mexicano..... \$90... \$160 Grilled sirloin steak, mexican black beans, brown rice, Pico De Gallo, hot sauce, low-fat sour cream in a plain tortilla

Glazed Salmon \$90... \$175 Grilled salmon, carrots, zucchini, broccoli and sun-dried tomato, sauteed with teriyaki glaze over brown rice

*GLUTEN FREE 🛛 🔴 VEGETARIAN OPTION

CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, EGGS OR UNPASTEURIZED MILK MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

FRESH FRUIT PLATTER ASSORTED SEASONAL FRUIT

Honeydew · Cantaloupe Watermelon · Grapes · Kiwi · Mango Strawberry · Blueberry & Manqo

> (8-12 People) \$50 (15-20 People) \$65 (25-35 People) \$80



Chicken, Beef, Veggie & Fish options Available For All Choice of: Wraps, Quesadillas,

Paninis



ASSORTED SLIDERS

(Feeds 8-10 People) \$90 Bison • Turkey • Salmon Beef • Black Bean





